

Fifth  
International  
Conference



Integration  
Across the  
Spectrum of  
Cancer Care

SOCIETY *for* INTEGRATIVE ONCOLOGY

Hyatt Regency Atlanta  
Atlanta, Georgia

November 20-21, 2008

[www.IntegrativeOnc.org](http://www.IntegrativeOnc.org)

Sponsored by the American Cancer Society



## Welcome from Donald Abrams MD

On behalf of the SIO Conference Committee, I want to extend our invitation for you to join us in Atlanta this November for the Fifth International Conference. This year's meeting has as its theme "Integration Across the Spectrum of Cancer Care." As well as focusing on the integration of complementary modalities during acute cancer treatment, we are devoting more of the conference to the needs of cancer survivors. More people are surviving cancer than ever before. It is estimated that there are over 10 million cancer survivors in the United States alone. Attributed to better and earlier cancer detection and advances in treatment, the increase in survivorship means that millions of people are living longer after cancer diagnosis and treatment and many face unique challenges. The emerging field of integrative oncology plays a vital role in all aspects of cancer survivorship. Complementary treatment modalities are integrated into the survivorship plan with goals of decreasing recurrence of disease, reducing the risk of a second primary cancer, managing symptoms related to the cancer or its treatment and improving quality of life.

Once again we have assembled an outstanding array of exciting speakers to discuss the controversies and challenges of integrative oncology across the spectrum of care. We are delighted to have Dr. Josephine Briggs, PhD, Director of the National Center for Complementary and Alternative Medicine as our opening keynote speaker, addressing the complexities of researching integrative interventions. On Friday morning, we will hear an update on survivorship research from Dr. Ann C. Mertens of the Aflac Cancer Center and Blood Disorders Service of Children's Healthcare of Atlanta followed by a session on nutrition and survivorship by Dr. John A. Milner, Chief of the Nutritional Science Research Group, Division of Cancer Prevention, National Cancer Institute. Following on the success of last year's meeting, we will offer clinically-oriented workshops in addition to the abstract-driven sessions presenting the latest scientific evidence emerging in our fast-growing field. There is ample opportunity throughout the meeting for you, the investigator, to present your data either as an oral or poster presentation. We invite you to submit new data in abstract form for Committee review.

For the first time ever, SIO will have sponsored two major educational meetings in 2008. The highly successful Shanghai meeting in April has brought a significant number of new international members to the Society. Whether you were in Shanghai or not, Integration Across the Spectrum of Care promises to be an outstanding conference that should not be missed. Hope to see you all there!



## Learning Objectives

Upon completion of this activity, participants should be able to:

- Identify some of the challenges regarding the scientific evaluation of complementary interventions in integrative cancer care
- Describe ways to best communicate with patients about their use of CAM interventions during and after acute cancer therapy
- List potentially useful dietary supplements and botanicals patients may safely integrate during and after acute cancer care
- Enumerate some of the delayed consequences of cancer survivorship currently under investigation
- Describe the current state of the knowledge regarding the impact of nutrition in secondary cancer prevention
- List the latest advances in clinical applications and ongoing research in the modalities of Traditional Chinese Medicine, massage, mind-body medicine, music therapy, biofield therapies, yoga and exercise in the integrated care of the cancer patient and survivor
- Define the role of integrative oncology in cancer survivorship and its role in improving quality of life
- Describe different models of integrative survivorship care

## Who Should Attend/Targeted Specialties

- Acupuncture Specialists
- Administrators
- Chinese Medicine Specialists
- Clinical Researchers
- Family Practitioners
- Gynecologists
- Herbal/Botanical Specialists
- Internists
- Massage Therapists
- Music Therapists
- Naturopathic Medicine Specialists
- Oncology Nurses
- Oncologists
- Physician Assistants
- Psychiatrists
- Psychologists
- Surgeons

## Accreditation

The American Cancer Society (ACS) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. This CME activity was planned and produced in accordance with ACCME essentials.

## Disclosure Statement

The ACS relies upon its faculty to provide information in a manner that is objective and free from bias. All instructors are asked to disclose any real or apparent conflict of interest related to the context of their participation. Their disclosure statements will be available for inspection. Each faculty member will also disclose discussions of unlabeled or investigative use of any commercial product.

## Conference Planning Committee

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**Maureen Wilson, ND**

**Gwen Wyatt, RN, PhD**

**Bin Ye, PhD**





## Agenda

Thursday, November 20, 2008

7:30 AM – 8:00 AM

**Breakfast/Exhibits**

8:00 AM – 8:30 AM

**Intro / Welcome**

Lorenzo Cohen, PhD, Donald Abrams, MD, and Ted Gansler, MD

8:30 AM – 9:20 AM

**New Direction at NCCAM**

Josephine Briggs, PhD

Director, National Center for Complementary and Alternative Medicine

9:20 AM – 9:55 AM

**Integrative Oncology for the Whole Person:  
A Multidimensional Approach to Cancer Care**

Jeremy Geffen, MD

9:55 AM- 10:30 AM

**Integrative Oncology: Practical Implications**

Moshe Frenkel, MD

10:30 AM – 11:00 AM

**Break/Exhibits**

11:00 AM – 12:00 PM

**Dietary Supplements for Symptom Management and Immune  
Enhancement During and After Acute Cancer Care**

Mary Hardy, MD and Lise Alschuler, ND

12:00 PM – 1:00 PM

**Lunch (on own)**

1:00 PM - 2:30 PM

**CONCURRENT SESSIONS**

1. **Proffered Abstracts 1:**  
6 abstracts selected for presentation.
2. **Moderated Session:**  
Acupuncture, fitness and massage for symptom  
management during acute radiation treatment  
Jillian M. Capodice, MS, LAc; Cynthia D. Myers, PhD, LMT

2:30 PM – 3:00 PM

**Break/Exhibits**

3:30 PM – 5:00 PM

**CONCURRENT SESSIONS**

1. **Proffered Abstracts 2:**  
6 abstracts selected for presentation.
2. **Moderated Session:**  
Mind-body, music, biofield therapies for symptom  
management during acute radiation treatment  
Susan Bauer-Wu, PhD, RN; Suzanne Hanser, Ed.D, M. Mus;  
Amy Sullivan Ed.D

5:00 PM – 6:00 PM

**Proffered Abstracts 3:**  
4 Best Abstracts of SIO 2008

6:00 PM – 7:30 PM

**Welcome Reception/Scientific Poster Session/Exhibits**

## Friday, November 21, 2008

7:30 AM – 8:00 AM

**Breakfast/Exhibits**

8:00 AM – 8:30 AM

**SIO Business Meeting**

8:30 AM – 9:15 AM

**Overview of Survivorship Research**

Anne Mertens, MD  
Aflac Cancer Center and  
Blood Disorders Service  
Children's Healthcare of Atlanta

9:15 AM – 10:00 AM

**Nutrition for the Cancer Survivor**

John A. Milner, Ph.D. Chief  
Nutritional Science Research Group  
Division of Cancer Prevention  
National Cancer Institute

10:00 AM – 10:30 AM

**Break/Exhibits**

10:30 AM – 11:30 AM

**Integrative Interventions for the Survivor:  
An Evidence-Based Review**

Panel:  
Daniel Monti MD; Peter A.S. Johnstone, MD; Heather Greenlee, ND, PhD

11:30 AM – 12:30 PM

**Proffered Abstracts 4:**

4 abstracts on Survivorship and Integrative Oncology

12:30 PM – 1:30 PM

**Lunch (on own)**

1:30 PM - 2:30 PM

**CONCURRENT SESSIONS**

1. **Proffered Abstracts 5:**  
6 abstracts selected for presentation.
2. **Moderated Session:**  
Models of Integrative Survivorship Care  
Jennifer Levine, MD

2:30 PM – 3:00 PM

**Break/Exhibits**

3:00 PM – 3:45 PM

**Survivorship Care: Lessons from Mayo and the North Central Cancer  
Treatment Group in Evaluating Complementary Therapies**

Debra L. Barton, PhD

3:45 PM- 4:30 PM

**CCOP Research Update**

Joseph Kelaghan, MD, MPH  
Community Oncology and Prevention Trials Research Group, NCI

4:30 PM – 5:15 PM

**Survivorship Tumor Board- Integrative Case Studies**

Donald I. Abrams, MD Convener

5:15 PM – 5:45 PM

**Ask the Expert Panel: Audience Question Cards**

5:45 PM- 6:00 PM

**Close of Conference**

Stephen Sagar, BSc (Hons), MB, BS, MRCP, FRCR, FRCPC





## Registration Form

**Name:**          First    Last    M.I.

**Degree:**    MD           MPH           ND           PhD           MS           MT or (LMT)           LAc           Other

**Mailing Address:**

City:    State:    Zip:

Telephone:    Business           Home

\*\*Fax:




\*\*E-mail:

\*\*You must provide a fax number or E-mail address in order to receive confirmation materials.

\*\*Complete both pages of this form and return with appropriate fees made payable to:

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### COURSE REGISTRATION PROCESS

-  Registrations will be accepted by phone at (201) 342-5300.
-  To register by fax, complete the attached Registration Form and fax to (978) 614-2776.
-  To qualify for the advance tuition discount, registration must be postmarked by September 8, 2007.

### REFUND POLICY

If you must cancel your registration, a request must be received in writing BEFORE October 15, 2007. All fees paid will be refunded minus a \$50.00 processing fee. Cancellations made October 16 or later are nonrefundable.

### ABSTRACT SUBMISSION

Deadline: August 1, 2008

Format: 500 words maximum, written in English using Microsoft Word and jpg or tiff for images

Sections: Purpose, Methods, Results and Conclusions

State preference for oral, poster or either.

Please indicate all affiliations of authors and indicate the email address of the corresponding author.

Submit Word document to Donald Abrams at: [dabrams@hemeonc.ucsf.edu](mailto:dabrams@hemeonc.ucsf.edu)

## Hotel Accommodations/Meeting Location

All plenary sessions will take place at the Hyatt Regency Atlanta, 265 Peachtree Street NE, Atlanta, Georgia, USA 30303, Tel: +1 404 577 1234; Fax: +1 404 588 4137. As a confirmed registrant of the course, you qualify for the reduced group rate at Hyatt Regency Atlanta, which is \$199.00 single/double occupancy per night, plus tax. Please identify yourself as a Society for Integrative Oncology (SIO) Conference participant.

To make your reservation online, please use the following link:

<http://atlantaregency.hyatt.com/hyatt/hotels/index.jsp>

To make your reservation by phone, please call Hyatt Regency Atlanta Reservations at Tel: +1 404 577 1234. A credit card will be required to guarantee a room reservation.

## Tuition Schedule

The tuition fee includes a course syllabus and admission to all scientific sessions. Registration rates do not include hotel accommodations, travel, and meals.

### REGISTRATION RATES

Please circle all applicable and appropriate rate(s):

	Advance Registration Until Sept. 8	Registration Sept. 9
SIO Active Member (MD, PhD)	\$285	\$400
SIO Active Member (Integrative Medicine Professional)	\$200	\$315
SIO Active Member (Predoctoral Student/Trainee)	\$115	\$165
Non-SIO Member (MD, PhD)	\$625	\$745
Non-SIO Member (Integrative Medicine Professional)	\$455	\$570
Non-SIO Member (Predoctoral Student/Trainee) (Trainee certification statement from university is required.)	\$250	\$270

Join the SIO by September 8, 2008, to register at the prevailing member rate.

- Active Member \$260: Doctors (eg, MD, PhD, scientists, researchers, health professionals at postgraduate levels)
- Active Member \$185: Integrative Medicine Professionals (eg, acupuncturists, massage therapists, music therapists, lab researchers, oncology social workers, oncology nurses)
- Active Trainee/Military Member \$50: Trainees (eg, interns, residents, fellows, nurses)
- Active Student Member \$25: Students (eg, medical students, nursing students)

### PAYMENT METHOD:

- Tuition Check Enclosed (made payable to the SIO)
- SIO Membership Dues Enclosed Total Amount of Check: \$ \_\_\_\_\_ (made payable to SIO)

### CREDIT CARD INFORMATION:

Type of Card:  Visa  Visa Debit (ATM)  MasterCard  MasterCard Debit (ATM)

Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Business/Corporate  Personal Amount to be charged: \$ \_\_\_\_\_

I agree to pay the above amount according to credit card issuer agreement.

Signature: \_\_\_\_\_

Name (please print): \_\_\_\_\_

Registration will not be processed without payment. Please note: If faxing, DO NOT mail the original form. Doing so may result in duplicate charges to your credit card. Keep a copy of your fax transmittal confirmation for your records.

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